CML COVID check in

Project Objectives
This project aims to understand how children in our sample are experiencing lockdown, including:

- What new digital behaviours (and offline behaviours) they are adopting for education, socialising and other activities
- What new digital spaces they are exploring – and whether they are encountering increased risk or pressure
- How this fits into their wider life, including their hopes for the future

Interview (approx. 1.5 hours)

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<td>▪ How similar do they think their experience is to that of their friends/ their classmates?</td>
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<td>▪ Have they engaged in/ heard of anything relevant such as the ‘clap’ or NHS rainbows?</td>
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<td>▪ Who are the ‘stars’/ big names/influencers they are engaging with at the moment (e.g. Joe wicks)</td>
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<td>School and learning</td>
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<td>▪ What are they happy/sad about in relation to not going into school (e.g. lessons, end of year rituals, contact with friends, etc.) How involved are their parents in their education at the moment?</td>
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<td>Family life and entertainment</td>
<td>▪ What are they doing with family? Time inside/outside?</td>
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<td>▪ What media do they consume together? How is this different to other times in their life?</td>
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<td>▪ Have any of the normal ‘rules’ changed (in regard to media use and otherwise?)</td>
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<td>▪ How is this different than during non-quarantine times?</td>
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<td>▪ How are family dynamics – any new tensions? New positives?</td>
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<td>▪ What do they do when they’re bored?</td>
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<td>Social media</td>
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<td>▪ Has this changed what they talk about/do together?</td>
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<td>▪ What new trends are they seeing?</td>
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### Introduction & thoughts on COVID19

- **LEAD QUESTION**: What have you been up to/doing since lockdown started?
- What have been the biggest changes for you and your family since lockdown?
  - PROBE: school, family, parents’ jobs, friends, exercise, keyworkers, shielding, social distancing etc.
- Can you talk me through your daily routine?
- Where have you been spending most of your time?
  - Do you have a garden? How easy is it to get outdoors?
- What kinds of things do you do as a family?
- What about by yourself?
- How often do you go outside? What do you do? Who with?

**OBSERVATION POINT**: How ‘safe’ do they feel? What kinds of behaviours do they think are ‘normal’ at the moment?

- **LEAD QUESTION** What can you tell me about why we’re in lockdown?
What do you think about it?
How similar or different is your experience from some of your friends/people you know at school?
  - In what ways is it similar/different?
Have you been doing anything related to COVID19 with your friends/family?
  - PROBEL the clap/rainbows/charity/local initiatives/Joe Wicks' exercise videos etc.

**LEAD QUESTION:** How are you staying in touch with family and friends at the moment?
- How are your family doing?
- How often do you speak to them? How does this work?
- What about your friends?
- In what ways is this different to 'normal'?

**LEAD QUESTION:** What devices are you using at the moment?
- Are these your own/shared?
  - If shared, how does this work?
- How often do you use them? When?
- What do you use them for?
- What kinds of things are you doing online at the moment?
- In what ways is this different to 'normal'?

**LEAD QUESTION:** How do you feel about the lockdown?
- PROBE: boring, annoying, good, easy, etc.
- What do you do if/when you're feeling bored?
- What are the best/worst parts about lockdown? Why is that?
- Is there anyone you are seeing less of at the moment?
  - How do you feel about that?

**OBSERVATION POINT:** Are they feeling lonely or sad at all?

*School and learning*

**LEAD QUESTION:** What are you doing for school/college at the moment?
- How is it working remotely?
  - What technology/platforms are you using?
  - How does it work?
- What is your timetable like?
  - How does it work for the different subjects you are learning about?
- What are the new rules about working like this?
- What kinds of activities are you doing at home for school?
  - PROBE: practical activities, reading, watching, physical activities...
- What are the best/worst bits about working at home?
  - PROBE: concentration, variety, social contact, time, types of learning
  - What, have the biggest changes been about school life?
- How involved are your parents in your school life at the moment?

**LEAD QUESTION:** Did you have any exams this year?
- Did you have to skip any?
- If so, what happened with your grades?
- How do you feel about this?
- **LEAD QUESTION:** What extra-curricular events would you be doing at school this year?
- **PROBE:** sports, prom, end of year events, clubs, parties..
- How are these working?
- What have some of the biggest changes been?

**Family life and entertainment**

- **LEAD QUESTION:** How are you spending time with your family at the moment?
- What kinds of things are you doing together?
  - **PROBE:** going out, watching TV, meals, sports, chores
- What are your favourite/least favourite things to do together?
- How well is everyone getting on together?
  - **PROBE:** What is working well/less well?

**LEAD QUESTION:** Have you started doing anything new since lockdown started?

- **PROBE:** online, offline, hobbies, new interests, trends,
- how did you hear about this?
- what do you like about it?
- How does it make you feel?

- **LEAD QUESTION:** Do you watch/play anything on TV and online together? If so, what?
- **PROBE:** films, YouTube, series, video games, shows
- When is this?
- Why is this?
- How is this different to before lockdown? Why do you think this is?
- How do you feel about spending time with your family in this way?
  - **PROBE:** What are the best/worst bits?

- **LEAD QUESTION:** Are you following any online personalities/ celebrities at the moment?
  - **PROBE:** If so, how are you keeping up to date with what they’re up to?
- How has this changed with the lockdown?
- What do you like about them/their content?
- How did you hear about them?
- Who else do you know that likes them?

- **LEAD QUESTION:** Have any of the normal ‘rules’ changed now you’re staying in more?
  - **PROBE:** Online rules vs. offline rules
    - **PROBE:** screen-time, platforms, age-ratings, parental guidance, etc.
- How do you feel about this?
- What difference is it making to your life/routine?
- Do some of your friends have similar experiences?

- **LEAD QUESTION:** Are you watching anything by yourself at the moment?
  - **PROBE:** What are you watching?
  - **PROBE:** What platform are you watching this on?
  - **PROBE:** What do you like about this?
Social media

- **LEAD QUESTION:** What social media platforms are you using at the moment?
- What do you use them for?
- **PROBE:** keeping up with friends, when I’m bored, to play games
- How active are you on social media?
  - Is this more or less than usual?
  - **PROBE:** updating status, messaging friends, sharing pictures
- What have you changed about your social media habits since being in lockdown?
  - **PROBE:** contacting different people, talking more, talking about different things, updates to profile, more group calls, different functions of the platforms etc.
  - Have you made any changes to your online profiles recently? If so, what were these?

- **LEAD QUESTION:** Who are the people you are staying in touch with at the moment?
- How do you stay in touch with them?
  - **PROBE:** family, friends, schoolmates
- Is there anyone you’ve been speaking to more than usual? (e.g. relatives living far away)
  - Why/ why not?
- What are the differences for different groups of people?
- What kinds of activities do you do with your friends online?
- What kinds of things do you talk about?

- **LEAD QUESTION:** What would you say are the best and worst things about how you use social media at the moment?
- Have you noticed any social pressure from different groups of people online?
  - **PROBE:** staying in touch, following/breaking covid-relevant rules, how you are spending your time in quarantine…
  - If so, what was this? How did it feel? How did you react?
- Have you noticed anyone behaving differently online at the moment?
  - **PROBE:** streaming on YouTube or Twitch
  - If so, what are you watching?
  - What do you like about these videos?

Gaming

- **LEAD QUESTION:** What games are you playing at the moment?
- What can you tell me about them?
  - **PROBE:** how do they work, what do you like about them?
- How often are you playing?
- Who do you play with?
- What are the best and worst parts of the game?
  - Why do you like these games in particular?
  - **Researcher note:** is there a social function to their gaming habits?

- **LEAD QUESTION:** Are you watching any gameplay videos?
  - **PROBE:** streaming on YouTube or Twitch
- If so, what are you watching?
- What do you like about these videos?

- **LEAD QUESTION:** How much have your gaming habits changed since lockdown?
- Why do you think this is?
  - **PROBE:** time spent, types of games, sociability of game, modes played in
News consumption

- **LEAD QUESTION:** How much have you been keeping up to date with what’s been going on in the news lately?
- What kinds of stories/information are you seeing/hearing?
  - Can you give me an example of something you saw recently?
  - What did it say?
  - What did you think about it?
- Where are you getting this information from?
  - Where do you find it?
  - PROBE: parents, school, friends, social media, looking
- What types of source do you look at?
  - PROBE: videos, podcasts, articles, trusted providers, recommendations
- Have you seen any of the government briefings about coronavirus?
  - If so, who with?
  - What did you think of them?
  - How much did you understand about what they were discussing?

- **LEAD QUESTION:** How much of the news you see/hear is about COVID-19/coronavirus?
- Are you following any other news stories?
- What are your favourite sources to hear about coronavirus?
  - Why do you like these ones?
- How often do you look at them?
- What kinds of things have you seen?
  - PROBE: social distancing, other countries, schools closing etc.
- How reliable do you think the news is at the moment?
  - Have you seen any information you felt might not be true?
- What other kinds of news stories have you been paying attention to?
  - PROBE: schools reopening/exam results/social distancing etc.

- **LEAD QUESTION:** To what extent have you talked to your parents/other people about the news?
- What kinds of things did/do you talk about?
- PROBE: confusing, specific questions, trusted sources, worried

- **LEAD QUESTION:** How has your engagement with the news changed over the course of the lockdown?
- PROBE: watched more/less at the start/different kinds of stories/began to feel ‘bored’ with certain formats
- What is different now compared to day one?
- What do you think will happen in a week/a month/longer?

- **LEAD QUESTION:** How do you feel about engaging with the news at the moment?
- Are you doing it more or less than normal?
- Why?
- What are some of the main differences between how you feel about the news now compared to normal?
- PROBE: different sources, time spent, avoiding certain types of stories, watching with parents more, etc
Reflections

- **LEAD QUESTION:** how do you feel about ‘social distancing’ at the moment?
  - What are the best/ worst bits?
  - Are you feeling any new pressures/ like to have to act in a certain way with some people?

- **LEAD QUESTION:** What are you most looking forward to doing after lockdown finishes?
  - What have you been missing?

- **LEAD QUESTION:** How are you thinking about the future?
  - Do you have any plans?
  - What kinds of activities are you hoping to do over the summer?
  - How do you think you’ll remember this time in future?

**Parent/Guardian interview – 10-15 mins, if parent is available**

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<td>How is remote learning/home schooling going?</td>
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<td>What are their thoughts on their situation and how it is impacting their child?</td>
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<td><strong>Rules &amp; regulation</strong></td>
<td>What are their concerns about their child at the moment – on and offline?</td>
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<td>Have they relaxed any rules in lockdown? (PROBE: tech &amp; non-tech)</td>
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<td>Introduced any new ones?</td>
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<td><strong>Resilience</strong></td>
<td>How/ what have they talked to the kids about with regards to the news/ other online behaviours?</td>
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<td>What, if anything, is their child worried about?</td>
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<td>Have they engaged in any things to boost resilience/ positivity during this time?</td>
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**Parents interview**

- **LEAD QUESTION:** How is family life at the moment?
  - What have been the biggest changes for you as a family?
  - What have been the biggest changes for your child specifically?
  - How are they managing with the lockdown in general?
    - Any concerns?

- **LEAD QUESTION:** How are they getting on with remote learning?
  - What have been the challenges/ benefits of this?
  - How much do you know what their school is expecting of them?

- **LEAD QUESTION:** How do you feel about your child’s online life at the moment?
  - Have you noticed any changes in their online behaviour?
  - Are you concerned about anything?
  - Have you introduced any new rules/relaxed any old rules since the lockdown?
    - PROBE: technology, screentime, bedtimes, chores, homework etc.
LEAD QUESTION: What have you talked to your child about with regards to coronavirus?

- How did you raise/talk about this with them?
- Did you do anything to make it more ‘child-friendly’?
  - If so how?
  - Why was this?
- Did they have any concerns?
- Have you been doing anything in particular to keep them distracted/ happy whilst they are indoors?