

Ofcom Residential Postal Tracker Technical Report Q1 2022 – Q4 2022

A. Preface

Ofcom is the regulator for the UK communications industries, with responsibilities across television, radio, videoon-demand, telecommunications, wireless and postal communications. Ofcom regularly carries out research into these markets to stay informed on new technology developments and the impact that they might have on the sectors they regulate.

Ofcom's Residential Postal Tracker is a continuous tracking study that measures opinion, usage and attitudes to postal services among UK adults. The Residential Postal Tracker begun in 2012 where interviewing was conducted using a purely face-to-face methodology. Between January 2016 and December 2019, data was collected using a combined methodological approach: face-to-face interviews conducted using random probability sampling and online interviews using quota sampling. The data from both methodologies were then combined and weighted to nationally representative proportions in terms of age, gender, ethnicity, country and socio-economic group (SEG), and then a further 'evaluative' weight was introduced to account for a 'positivity bias'.

From January 2020, Jigsaw Research Limited was commissioned to review and manage the study moving forward. After a thorough review in consultation with Ofcom, a small number of changes were made throughout the questionnaire to improve its readability for the participant and user of the research. Jigsaw Research Limited continued with a combined online and face-to-face methodological approach as per previous years however the decision was taken to adjust the quota and weighting scheme to better represent the UK moving forward.

A.1. Covid-19 Impact

Due to the Covid-19 pandemic we were unable to collect a representative sample of face-to-face interviews from March 2020 onwards. To ensure that any trend data within this publication is comparable, we have published data for the Online methodology only.

Since online methodologies tend to underrepresent low/non internet users we conducted a separate CATI survey in November 2021 to ensure that these groups had the opportunity to express their views. This additional CATI survey achieved 250 completed interviews with data weighted by gender, age, nation and internet usage to reflect proportions of low/non internet users found in Ofcom's 2019 PSB study.

Face to face interviewing is scheduled to resume starting January 2023.

A.2. Q1 2022 – Q4 2022 Data Table Summary

The data tables published includes 5,161 users of the postal service who participated in the Residential Postal Tracker online survey between January 2022 and December 2022. Results were then weighted to correct for over-representation of devolved nations and urbanity within nation. We also applied weights for age, gender, working status and government region to ensure we created a representative UK sample.

Details of the sample design, research methodologies and weighting procedures are outlined in the following pages. A note on statistical reliability is also included.



A.3. Survey Changes

In July 2022 a number of changes were made to the survey design to enable clearer analysis by letter post and parcel post separately. We also started to track the importance of more environmentally friendly delivery services and expanded the complaints section of the survey to capture responses across a wider range of parcel providers.

During this period of change we also reviewed the structure of the survey to improve the flow of the questionnaire and ensure that the participant could easily navigate between subtle differences such as: the postal service 'overall' vs Royal Mail specifically; differences between letter vs parcel post and attitudes towards 1st vs 2nd class postage.

The Q1 2022 – Q4 2022 table set reflects the above changes. Where possible questions have been merged into a single table to allow easier analysis across time periods. However, please do note that the wording may have changed so not all time periods will be comparable across all questions. Where merging was not possible, the question has been deleted or was asked of a different sample, this is reflected by "PRE" labelling in the question variable and base text within the table set.

Note that due to the implementation and testing of the above changes, we did not conduct fieldwork during the month of July. Interviews due to be conducted during July were rolled into the August wave of interviewing.



B. Sample Design

B.1. Online Interviewing

Jigsaw Research adopted a quota sample approach to online interviewing to ensure that the sample was representative of UK adults. Due to the continuous nature of the research, monthly targets are imposed to ensure a representative spread of interviews throughout the quarter. The sample frame was developed at a UK level covering the following key subgroups:

- Gender
- Age (16-24, 25-44, 45-64, 65-74, 75+)
- Socio-economic group (AB/C1/C2/DE)
- Gov Region

Additional targets were applied for urbanity (Urban, Rural, Remote Rural) within Northern Ireland, Wales and Scotland but these were applied on a 'best efforts' basis as they are not as easily targetable through online panel sample.

Jigsaw Research also applied an additional target for Highlands and Islands of Scotland, again this was applied on a 'best efforts' basis.

	Monthly target	Quarterly target
Male	196	588
Female	204	612
16 – 24 year olds	54	162
25-44 year olds	129	388
45-64 year olds	127	382
65-74 year olds	49	148
75+	40	121
AB	88	264
C1	124	372
C2	84	252
DE	104	312
North East	22	67
North West	22	67
Yorks/Humberside	22	67
East Mids	22	67
West Mids	22	67
East Anglia/East of England	22	67
London	22	67
South East	22	67
South West	22	67
Northern Ireland – urban	22	67
Northern Ireland – rural	14	43
Northern Ireland – remote rural	17	50
Wales – urban	22	67
Wales – rural	22	67
Wales – remote rural	22	67
Scotland – urban	22	67
Scotland – Rural	22	67



Scotland - remote rural	22	67
Highlands & Islands of Scotland	13	39

B.2. Face to Face Interviewing¹

Jigsaw Research originally adopted a random location interviewing (RLI) approach to face to face interviewing alongside our online interviews. However, due to the Covid-19 pandemic fieldwork was stopped during March 2020. Face to face interviewing is scheduled to restart in January 2023.

¹ Face to Face interviewing was paused due to the Covid-19 pandemic with this table set only referring to the online methodology.



C. Data Quality

Upon review of existing data prior to 2020, Jigsaw Research in combination with Ofcom implemented an additional data quality process (beyond survey speed checks and verbatim analysis) to ensure that participants had provided considered responses to the survey.

Questions of particular focus included:

- QD1 The volume of post sent
- QD4 The amount spent on sending post
- QE1 The volume of post received
- QF2 and QF3 The price of a 1st Class or 2nd Class stamp

Upon review of data from these questions we developed rules that would identify participants who provided nonsensical or extreme answers. Namely these rules are:

- Providing too high a spend for no post being sent (spent over £20 in the last month but have not sent any post)
- Providing too low a spend for the amount of post being sent (spent under £1 but sent over 21 pieces of post, spent £1-£2 but sent over 31 pieces of post, spent £2-£4 but sent over 41 pieces of post, spent £4-£6 but sent over 51 pieces of post, spent £6-£40 but sent over 101 pieces of post, spent £40-£50 but sent over 200 pieces of post)
- Received more than 200 pieces of post in the last week
- Provided a 1st class price less than a 2nd class price AND provided an outlier answer of over £5 for either 1st or 2nd class

This set of rules removed 1.5% of the total data provided to date *(roughly c.20 people per quarter of data)*. These rules have now been applied to all historic data and will be actioned for future quarters of data.



D. Weighting

At the analysis stage, data is rolled up into 4 quarters of the year. Both online and offline (Face to Face) methodologies are combined into one dataset. We then conduct weighting to correct for skews in regions and where we have set specific quota targets, aligning the data to the known UK profile. With a combined online and offline dataset we were able to develop a detailed interlocked weighting scheme with interlocked gender and age within nation.

D.1. Demographic weights

The data was weighted within each nation by gender, age and urbanity. Weights were applied at an overall UK level for working status and Government Region. Rim weights were applied using targets from the 2011 Census, UK Geographics measure of Urbanity and the Labour Force Survey.

Category	Engla	and	d NI		Wales		Scotland	
	Unweighted	Weighted	Unweighted	Weighted	Unweighted	Weighted	Unweighted	Weighted
Male	49%	49%	45%	49%	49%	49%	46%	48%
Female	51%	51%	55%	51%	51%	51%	54%	52%
Gender not listed or specified	0%	0%	-	-	0%	0%	-	-
16-24	13%	13%	11%	14%	12%	14%	12%	13%
25-44	33%	33%	34%	33%	29%	29%	29%	31%
45-64	32%	32%	35%	32%	32%	32%	32%	33%
65-74	12%	12%	14%	11%	16%	14%	17%	13%
75+	10%	10%	6%	9%	10%	11%	9%	10%
Urban	88%	87%	52%	70%	41%	76%	42%	83%
Rural	12%	13%	48%	30%	59%	24%	58%	17%

The initial unweighted sample and the weighted sample profiles are illustrated below:

Category	ory UK	
	Unweighted Weighte	
North East	5%	4%
North West	5%	11%
Yorkshire/Humberside	6%	8%
East Midlands	5%	7%



West Midlands	6%	9%
East Anglia/ East of England	6%	9%
London / Greater London	6%	13%
South East	6%	14%
South West	6%	9%
Scotland	20%	8%
Wales	16%	5%
Northern Ireland	13%	3%
Working	55%	60%
Not working	44%	39%



E. Statistical reliability and significance

E.1. Effective sample size

This section details the variation between the sample results and the "true" values, or the findings that would have been obtained with a census approach. The confidence with which we can make this prediction is usually chosen to be 95%: that is, the chances are 95 in 100 that the "true" values will fall within a specified range. However, as the sample is weighted, we need to use the effective sample size (ESS) rather than actual sample size to judge the accuracy of results.

Category	Sub-group	Actual online interviews achieved	Effective sample size (ESS)			
	England	2573	2169			
Netter	Scotland	1048	448			
Nation	Wales	851	410			
	Northern Ireland	689	477			
Condor	Male	2461	1396			
Gender	Female	2683	1460			
	16-24	650	375			
	25-34	668	380			
	35-44	963	549			
Age	45-54	696	403			
	55-64	983	553			
	65-74	731	349			
	75+	470	266			
050	AB	1262	533			
	C1	1543	892			
SEG	C2	1047	1177			
	DE	1309	1445			

The following table compares ESS and actual samples for some of the main analysis groups:



E.2. Confidence interval

The table below illustrates the required ranges for different sample sizes and percentage results at the "95% confidence interval":

Effective sample size	10% or 90% ±	20% or 80% ±	30% or 70% ±	40% or 60% ±	50% ±
2,868 (Total)	1.10%	1.46%	1.68%	1.79%	1.83%
2,169 (England)	1.26%	1.68%	1.93%	2.06%	2.10%
1,396 (Male)	1.57%	2.10%	2.40%	2.57%	2.62%
448 (Scotland)	2.78%	3.70%	4.24%	4.54%	4.63%

For example, if 30% or 70% of a sample of 2,868 gives a particular answer, the chances are 95 in 100 that the "true" value will fall within the range of +/- 1.68 percentage points from the sample results.

E.3. Significant differences

When results are compared between separate groups within a sample, different results may be obtained. The difference may be "real", or it may occur by chance (because not everyone has been interviewed). To test if the difference is a real one -i.e. if it is "statistically significant" - we again have to know the size of the samples, the percentages giving a certain answer and the degree of confidence chosen.

If we assume "95% confidence interval", the difference between two sample results must be greater than the values given in the table below to be significant:

Effective Sample sizes being compared	10% or 90% ±	20% or 80% ±	30% or 70% ±	40% or 60% ±	50% ±
1,396 vs 1,460 Male vs Female	2.3%	3.0%	3.4%	3.6%	3.7%
375 vs 266 16-24 vs 75+	5.1%	6.6%	7.4%	7.8%	7.8%

For example, comparing a score of 12% for Males and 15% for Females, the scores will need to be at least 2.3% different (using the table) to indicate a significant difference.