The proposal is totally unacceptable. I have problems with my immediate neighbours on my estate and on no account would trust them to take my mail. In fact it would cause me considerable problems.

Surely the de facto position should be that people should only need to put a sticker if they're happy for the Royal Mail to leave mail/parcels with a neighbour and not the other way round - an opt-in rather than opt-out.

I have written to my MP about this.