



Stay connected during coronavirus



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Ofcom wrote this guide.



Because of coronavirus or Covid-19, more people are online at home at the same time.



This can cause problems with **broadband** and mobile phone **networks** that carry information between devices like phones, tablets and computers.



This leaflet has ideas to help everyone get the **internet** speeds they need to:

stream videos



meet or chat online



make voice calls

1. Test your broadband speed



Broadband allows you to connect to the **internet**.



But different things can slow it down. It is worth checking:

 our mobile and broadband checker to see if the speed is as fast as it should be.





at different times of the day



 on the website of the company that provides your broadband

2. Make calls using your landline or wifi if you can



Mobile phone **networks** get busy when lots of people make calls at the same time.



You could:

use your home phone if you have one



 go to your mobile phone settings and turn on wifi calling



• use apps like Facetime, Skype or Whats App to make calls using **broadband**.

3. Move the router away from other devices



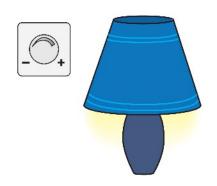
A **router** sends information from the **internet** to your computer, phone or tablet.





Keep the **router** as far away as possible from electrical and wireless equipment like:

halogen lamps



dimmer switches



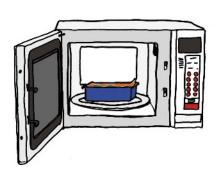
TVs



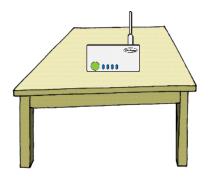
computer monitors



some types of baby monitors



Microwave ovens can also affect your signal.



Keep the **router** switched on and stand it on a table or shelf and not the floor.

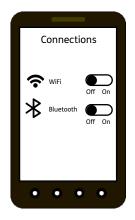
4. Cut down on the wifi you use



Devices use **wifi** if they are not connected to your **broadband** with a cable.



The more devices that use **wifi**, the slower it will be.



You can make it faster if:

 you switch off wifi when you are not using it on your phone or tablet



 turn off video and just use audio for Facetime, Skype or Whats App calls



 try not to start your calls on the hour or half hour when lots of other people arrange to chat to each other

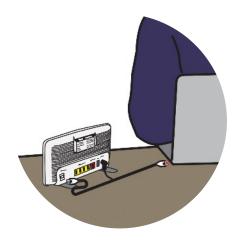


 agree with your family to do video streaming, gaming or video calls at different times

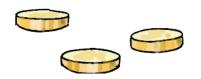


 instead of streaming, download videos at a quieter time to watch later.

5. Connect your computer to the internet with a cable

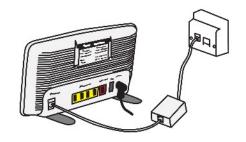


Your **internet** will be much faster if you use an **ethernet** cable to link your computer to the **router** instead of **wifi**.



These cables cost about £3.

6. Plug your router into your main phone socket



It can slow your **internet** down if you have:

a telephone extension lead



tangled cables

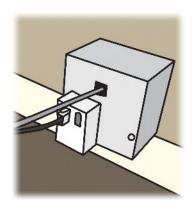


problems on your phone line



You could try:

 using a new, fast telephone extension cable that is as short as possible



 plugging microfilters into every phone socket in your house. These small white boxes stop the phone signal affecting your broadband.



Talk to the company that provides your **broadband** or check their website before you unplug any cables.

7. Talk to the company that provides your broadband



Contact the company if you try these things and your **internet** is still slow.



Because of coronavirus you might have to wait longer because:

they do not have as many people working for them



 they first have to help customers who are at risk and services everyone needs.

What the words mean

Broadband - a fast connection to the internet.

Ethernet cable – a cable that links your computer to the router instead of using wifi.

Internet - a worldwide system of computer networks that allows anyone using a computer to connect with any other computer.

Microfilters - small boxes that you plug into the phone sockets in your house to stop the phone signal affecting your broadband.

Network – a way of connecting people or things.

Router – a device that you plug into your phoneline that sends information from the internet to your computer, phone or tablet.

Wifi – a way for computers, smartphones, or other devices to connect to the internet or each other without using cables.

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