Eve Bendall

The computer/internet/broadband has most helped change my life. I bank, shop, record my meter readings, take OU courses, etc etc; I am 76 and don't often travel outside my local area but am in touch with everything I need/want worldwide.

The great need for my generation is to be put in touch with the net; most who do not use it are intimidated by the slang/

abbreviations/gobbledegook which surrounds it. They need classes in small groups - or individually - preferably being helped by someone of their own generation - children/grandchildren often go too fast, assume too much and are interested in explaining things like MPG which are often a mystery and unwanted. If the advantages are explained in terms of things which interest them or are useful to them, here and now, where they are, motivation will be helped.

For the elderly - particularly the near housebound-, the addition of access to the net can truly be life changing. And extremely enjoyable.