

ICNIRP Measurement Report

This report presents the results of measurements of electromagnetic field emission levels in the vicinity of mobile base stations. Results are presented as percentages of the power density reference levels for general public exposure in the 1998 edition of the Guidelines published by the International Commission on Non-Ionizing Radiation Protection (ICNIRP)¹, with figures provided for individual frequency bands used for base station (downlink) transmissions as well as an overall figure for all other frequency bands between 30 MHz to 6 GHz. The total percentage equals the sum of all individual percentages.

The power density reference levels in the ICNIRP Guidelines are the root mean square (rms) values averaged over six minutes. In this report, we have measured the average E-field strength over a six-minute period in each measurement location.

We have applied a measurement threshold of 3dB above the system noise floor² of the measurement equipment, below which any E-field strength levels measured are deemed not sufficiently above the system noise floor to be valid. In the results tables below, measurement results are shown to a precision of four decimal places. Results which are not sufficiently above the system noise floor to record as a valid measurement are shown as a dash (-). Results which are too small to register to four decimal places are shown as 0.0000%.

Date of Survey:	29/04/2026	Time Survey completed:	12:53
Survey address:	Sheringham NR26		

Measurement equipment		Serial number	Calibration Date
Meter	Keysight Fieldfox N9915A Spectrum Analyser	MY56072591	11/12/2025
Probe	Agos Aria-6000 Antenna	AGOS-6000-1023	08/07/2025
Cabling	1.7m cable	1188	08/07/2025

¹ <https://www.icnirp.org/cms/upload/publications/ICNIRPemfgdl.pdf>

² The noise floor of the measurement equipment is the level of background noise that is present before detecting any external signals. In other words, it indicates the absolute minimum level of detectable signals.

Broadcast bands covered by this report

Frequency Band	Frequency Range	Technology*
	87.5-108 MHz	FM Radio
	174-230 MHz	DAB
	470-694 MHz	Digital TV

Mobile bands covered by this report

Frequency Band	Frequency Range	Technology*
700 MHz	738-788 MHz	4G, 5G
800 MHz	791-821 MHz	4G
900 MHz	925-960 MHz	2G, 3G, 4G
1400 MHz	1452-1492 MHz	4G (Supplementary downlink)
1800 MHz	1805-1880 MHz	2G, 4G
1900 MHz	1900-1920 MHz	4G
2100 MHz	2110-2170 MHz	3G, 4G
2300 MHz	2350-2390 MHz	4G
2600 MHz TDD	2570-2620 MHz	4G
2600 MHz FDD	2620-2690 MHz	4G
3.4 GHz	3410-3680 MHz	5G, 4G
3.8 GHz	3680-4200 MHz	Various
Others**		

** This is an indication of the type of technologies typically deployed in these bands; not all frequency bands and technologies may be in use at all locations. ** All other frequencies between 30 MHz and 6 GHz.*

Survey locations

The survey was conducted within the area shown in the map below. Measurements were taken at five locations and are presented in the following pages of this report.



Location 1

Measurement time:	12:06
Frequency band	Percentage of the ICNIRP reference levels for general public exposure
87.5-108 MHz	0.01179
174-230 MHz	0.01338
470-694 MHz	0.01071
700 MHz	0.00144
800 MHz	0.02154
900 MHz	0.02489
1400 MHz	0.00054
1800 MHz	0.00169
1900 MHz	0.00026
2100 MHz	0.00070
2300 MHz	0.00052
2600 MHz TDD	0.00045
2600 MHz FDD	0.00018
3.4 GHz	0.00202
3.8 GHz	0.00471
Others	0.16687
Total	0.26171

Location 2

Measurement time:	12:17
Frequency band	Percentage of the ICNIRP reference levels for general public exposure
87.5-108 MHz	0.01300
174-230 MHz	0.01454
470-694 MHz	0.01159
700 MHz	0.00157
800 MHz	0.02134
900 MHz	0.03723
1400 MHz	0.00059
1800 MHz	0.01091
1900 MHz	0.00029
2100 MHz	0.00077
2300 MHz	0.00058
2600 MHz TDD	0.00049
2600 MHz FDD	0.00020
3.4 GHz	0.00226
3.8 GHz	0.00527
Others	0.18367
Total	0.30431

Location 3

Measurement time:	12:26
Frequency band	Percentage of the ICNIRP reference levels for general public exposure
87.5-108 MHz	0.01322
174-230 MHz	0.01487
470-694 MHz	0.01182
700 MHz	0.00160
800 MHz	0.00180
900 MHz	0.00174
1400 MHz	0.00061
1800 MHz	0.00189
1900 MHz	0.00029
2100 MHz	0.00078
2300 MHz	0.00059
2600 MHz TDD	0.00050
2600 MHz FDD	0.00021
3.4 GHz	0.00232
3.8 GHz	0.00539
Others	0.18619
Total	0.24383

Location 4

Measurement time:	12:36
Frequency band	Percentage of the ICNIRP reference levels for general public exposure
87.5-108 MHz	0.01335
174-230 MHz	0.01505
470-694 MHz	0.01197
700 MHz	0.00160
800 MHz	0.00164
900 MHz	0.00122
1400 MHz	0.00062
1800 MHz	0.00968
1900 MHz	0.00030
2100 MHz	0.00079
2300 MHz	0.00059
2600 MHz TDD	0.00051
2600 MHz FDD	0.00021
3.4 GHz	0.00235
3.8 GHz	0.00544
Others	0.18793
Total	0.25324

Location 5

Measurement time:	12:47
Frequency band	Percentage of the ICNIRP reference levels for general public exposure
87.5-108 MHz	0.01394
174-230 MHz	0.01558
470-694 MHz	0.01230
700 MHz	0.00165
800 MHz	0.04303
900 MHz	0.02613
1400 MHz	0.00063
1800 MHz	0.00165
1900 MHz	0.00030
2100 MHz	0.00082
2300 MHz	0.00061
2600 MHz TDD	0.00053
2600 MHz FDD	0.00022
3.4 GHz	0.00244
3.8 GHz	0.00569
Others	0.19538
Total	0.32091

Disclaimer: The results detailed in this report apply only to the tests made at the reported time, using the test equipment detailed. They do not indicate that on another date an identical set of results would be achieved, due to changes in local environmental conditions or other factors which may or may not have an effect on the measurement results obtained at that future time.