

ICNIRP Measurement Report

This report presents the results of measurements of electromagnetic field emission levels in the vicinity of mobile base stations. Results are presented as percentages of the power density reference levels for general public exposure in the 1998 edition of the Guidelines published by the International Commission on Non-Ionizing Radiation Protection (ICNIRP)¹, with figures provided for individual frequency bands used for base station (downlink) transmissions as well as an overall figure for all other frequency bands between 30 MHz to 6 GHz. The total percentage equals the sum of all individual percentages.

The power density reference levels in the ICNIRP Guidelines are the root mean square (rms) values averaged over six minutes. In this report, we have measured the average E-field strength over a six-minute period in each measurement location.

We have applied a measurement threshold of 3dB above the system noise floor² of the measurement equipment, below which any E-field strength levels measured are deemed not sufficiently above the system noise floor to be valid. In the results tables below, measurement results are shown to a precision of four decimal places. Results which are not sufficiently above the system noise floor to record as a valid measurement are shown as a dash (-). Results which are too small to register to four decimal places are shown as 0.0000%.

Date of Survey:	05/02/2026	Time Survey completed:	13:24
Survey address:	Caister-on-Sea NR30		

Measurement equipment		Serial number	Calibration Date
Meter	Keysight Fieldfox N9915A Spectrum Analyser	MY56072591	11/12/2025
Probe	Agos Aria-6000 Antenna	AGOS-6000-1023	08/07/2025
Cabling	1.7m cable	1407	08/07/2025

¹ <https://www.icnirp.org/cms/upload/publications/ICNIRPemfgdl.pdf>

² The noise floor of the measurement equipment is the level of background noise that is present before detecting any external signals. In other words, it indicates the absolute minimum level of detectable signals.

Broadcast bands covered by this report

Frequency Band	Frequency Range	Technology*
	87.5-108 MHz	FM Radio
	174-230 MHz	DAB
	470-694 MHz	Digital TV

Mobile bands covered by this report

Frequency Band	Frequency Range	Technology*
700 MHz	738-788 MHz	4G, 5G
800 MHz	791-821 MHz	4G
900 MHz	925-960 MHz	2G, 3G, 4G
1400 MHz	1452-1492 MHz	4G (Supplementary downlink)
1800 MHz	1805-1880 MHz	2G, 4G
1900 MHz	1900-1920 MHz	4G
2100 MHz	2110-2170 MHz	3G, 4G
2300 MHz	2350-2390 MHz	4G
2600 MHz TDD	2570-2620 MHz	4G
2600 MHz FDD	2620-2690 MHz	4G
3.4 GHz	3410-3680 MHz	5G, 4G
3.8 GHz	3680-4200 MHz	Various
Others**		

* This is an indication of the type of technologies typically deployed in these bands; not all frequency bands and technologies may be in use at all locations. ** All other frequencies between 30 MHz and 6 GHz.

Survey locations

The survey was conducted within the area shown in the map below. Measurements were taken at five locations and are presented in the following pages of this report.



Location 1

Measurement time:	12:08
Frequency band	Percentage of the ICNIRP reference levels for general public exposure
87.5-108 MHz	0.01033
174-230 MHz	0.01237
470-694 MHz	0.00952
700 MHz	0.00208
800 MHz	0.00529
900 MHz	0.01023
1400 MHz	0.00047
1800 MHz	0.00254
1900 MHz	0.00023
2100 MHz	0.00103
2300 MHz	0.00046
2600 MHz TDD	0.00039
2600 MHz FDD	0.00025
3.4 GHz	0.00173
3.8 GHz	0.00405
Others	0.14688
Total	0.20786

Location 2

Measurement time:	12:29
Frequency band	Percentage of the ICNIRP reference levels for general public exposure
87.5-108 MHz	0.01143
174-230 MHz	0.01416
470-694 MHz	0.01044
700 MHz	0.00216
800 MHz	0.00364
900 MHz	0.00409
1400 MHz	0.00053
1800 MHz	0.00733
1900 MHz	0.00025
2100 MHz	0.00115
2300 MHz	0.00051
2600 MHz TDD	0.00044
2600 MHz FDD	0.00018
3.4 GHz	0.00198
3.8 GHz	0.00461
Others	0.16145
Total	0.22434

Location 3

Measurement time:	12:46
Frequency band	Percentage of the ICNIRP reference levels for general public exposure
87.5-108 MHz	0.01198
174-230 MHz	0.03227
470-694 MHz	0.01089
700 MHz	0.00151
800 MHz	0.00183
900 MHz	0.00197
1400 MHz	0.00055
1800 MHz	0.00086
1900 MHz	0.00027
2100 MHz	0.00077
2300 MHz	0.00053
2600 MHz TDD	0.00045
2600 MHz FDD	0.00020
3.4 GHz	0.00208
3.8 GHz	0.00485
Others	0.16895
Total	0.23995

Location 4

Measurement time:	13:07
Frequency band	Percentage of the ICNIRP reference levels for general public exposure
87.5-108 MHz	0.01268
174-230 MHz	0.06183
470-694 MHz	0.01138
700 MHz	0.00158
800 MHz	0.00142
900 MHz	0.00254
1400 MHz	0.00058
1800 MHz	0.00134
1900 MHz	0.00028
2100 MHz	0.00108
2300 MHz	0.00057
2600 MHz TDD	0.00048
2600 MHz FDD	0.00022
3.4 GHz	0.00223
3.8 GHz	0.00519
Others	0.18175
Total	0.28516

Location 5

Measurement time:	13:18
Frequency band	Percentage of the ICNIRP reference levels for general public exposure
87.5-108 MHz	0.01275
174-230 MHz	0.01615
470-694 MHz	0.01139
700 MHz	0.00296
800 MHz	0.00992
900 MHz	0.00866
1400 MHz	0.00058
1800 MHz	0.00250
1900 MHz	0.00028
2100 MHz	0.00139
2300 MHz	0.00057
2600 MHz TDD	0.00048
2600 MHz FDD	0.00032
3.4 GHz	0.00223
3.8 GHz	0.00520
Others	0.18082
Total	0.25621

Disclaimer: The results detailed in this report apply only to the tests made at the reported time, using the test equipment detailed. They do not indicate that on another date an identical set of results would be achieved, due to changes in local environmental conditions or other factors which may or may not have an effect on the measurement results obtained at that future time.